Abingdon Cooperative Preschool

BABYSITTING EXCHANGE

**What is it?**

The Babysitting Exchange is a group of parents who agree to share babysitting among themselves without the exchange of money. Each member receives coupons equal to 10 hours of babysitting, which are used to pay for babysitting time. Members earn coupons by babysitting for other members’ children.

**Who can join?**

Current members of the Abingdon Cooperative Preschool may join the babysitting exchange, and may remain members even after they have left the Preschool. Former members who wish to join may do so by requesting a majority vote of current Babysitting Exchange members.

**Why join?**

You may already have friends who help you out when you need a sitter; or perhaps your parents or in-laws are nearby and willing to watch your kids. Even so, there are probably times when you hesitate to ask because you’ve asked a lot lately, you feel like you are taking advantage of their generosity, or you don’t feel your reason for needing a sitter is worthy of asking someone else to do you the favor. On the other hand, finding a reliable, affordable babysitter these days is difficult.

By joining a babysitting exchange service, you now have a way to “pay” for a sitter without money. Feel like a pedicure? Dinner with your husband for no special reason? Don’t feel like taking a child to your GYN appointment? Need someone to watch your younger or older child while co-oping at ACP? The ACPBE is the perfect way!

**How do you join?**

There are three steps to joining:

1. FORMS: Send the coordinator an email requesting the sign-up form and the child information sheet. Place the completed forms in the yellow ACP Babysitting Exchange folder. (The current coordinator is [Insert Name Here, insert email here].)
* COUPONS: Once your forms have been received, you will be able to collect your “ACP Babysitting Exchange” stamped coupons from the yellow ACP Babysitting Exchange folder. You will receive a set of 20 tickets per child, which are basically a form of currency used to ‘pay’ the person who sits for your child(ren).
* YAHOO! GROUP: Finally, you will receive an invitation to join the Yahoo! Group. ACPBE members use this email forum to make requests for sitters.

**For more information,** please contact the current coordinator:

[Coordinator name, coordinator email, phone].